



Department of Psychology
The University of Hong Kong

香港大學心理學系

Departmental Seminar

University Students' Social Media Usage and Mental Health in Japan: Comparing Changes Before and During the COVID-19 Pandemic

11:30 a.m. – 12:30 p.m. | March 26, 2024 (Tuesday)

LG.34, LG, Central Podium Levels | Centennial Campus | The University of Hong Kong



Dr. Shaoyu YE

Associate Professor

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Abstract

The COVID-19 pandemic has changed the world in many ways, including people's life styles, communication behaviors and learning environments and so on. This talk will introduce some of our research team's outcomes focusing on young generations' social media usage and mental health in Japan, by comparing changes from the period before the COVID-19 pandemic (2018-2019) to the period during the COVID-19 pandemic (2020-2023). Up till now, we've conducted research from different approaches including media psychology, social psychology, cultural anthropology, intelligent informatics, information management and educational technology. Through our investigations, we aim to propose a way to coexist with various kind of media in a healthier way, and to provide social support to those people with poor mental health. We hope that these outcomes might be helpful in solving the problem of the declining birthrate and aging population in Japan in the future.

About the Speaker

Dr. Shaoyu Ye is currently serving as Associate Professor at the Institute of Library, Information and Media Science, University of Tsukuba in Japan. She received her Ph.D. in Philosophy from Tokyo Institute of Technology in March 2015; and master of social psychology from Ochanomizu University (Japan) in March 2010. She was also a research fellow of the Japan Society for the Promotion of Science (JSPS) from 2014-15 (DC2 & PD). Her research mainly specializes in media (especially social media) usage's effects on interpersonal communication, social support networks and mental health. She is a member of Asian Association of Social Psychology (AASP).

Zoom Meeting (For participants who couldn't attend the Seminar in person)

<https://hku.zoom.us/j/3951550048?pwd=SncvL3RYakEycUtpL29vdDJEEdlEwdz09>

Meeting ID: 395 155 0048 | Password: psyc



~All are Welcome~

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