ENOTION AND ATTENTON









Everyone experiences emotions. We find strong emotions capture our attention. But what is emotion? What do scientists know about how emotion affects our attention? How does attention affect our emotion? How does emotion and attention work together to influence our mental wellbeing?

In this session, we will cover foundational knowledge about emotion. Psychological, physiological and neural factors will be discussed. We will also look at how emotion and attention affect each other, and together play a role in our mental health. During this session, the audience may be invited to participate in activities.

Saturday April 15, 2023

2:00pm - 3:00pm



Online Lecture



The lecture will be conducted in English



Speaker

Dr Frances Jingwen JIN

Principal Investigator,
State Key Laboratory of Brain and Cognitive Sciences, HKU

Assistant Professor, Department of Psychology, HKU Licensed Psychologist, New York State



Details and Registration www.socsc.hku.hk/events/mw/eaa

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