

Departmental Seminar

Reduced Autobiographical Memory Specificity: Causes, Consequences and Cures

3:30 p.m. – 4:30 p.m. | June 21, 2018 (Thursday)

Rm 813, 8/F, The Jockey Club Tower | Centennial Campus | The University of Hong Kong



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Abstract

Some people have difficulty recalling specific events from their past. This difficulty, referred to as reduced autobiographical memory specificity (rAMS), has been associated with risk for, and the presence of, a range of emotional disorders. There are now several decades of research examining the causes of rAMS and the processes which mediate its association with emotional disorders. However, there is still much that we do not know. In this talk I'll present data from several studies conducted over the past year to offer a review of previous theories on rAMS, whilst offering new perspectives on its causes and consequences. We'll also discuss the implications of this for interventions which target rAMS in order to prevent or treat the symptoms of emotional disorders.

~All are Welcome~

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